



AFTER CARE SOME EASY SUGGESTIONS



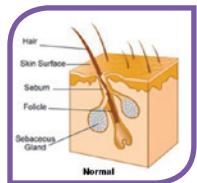
SCALP CARE

The most important aspect of Biofibre® maintenance revolves around **personal hygiene and proper after care**.



The **Biofibre® Hair Care Set** has been specially devised for the correct care of Biofibre® hair implant. It contains the most suitable products for Biofibre® hygiene and maintenance:

BIOFIBRE® Hair Comfort for regular cleansing,
BIOFIBRE® DermaClean for regular hygiene,
BIOFIBRE® SeboCare for sebum plugs prevention.



The human scalp surface (epidermis) has a good blood supply and produces a waxy/oily substance called "sebum" that is a useful natural shield but, when excessive, it needs to be removed.

The first principle of scalp care is removal of excessive sebum production and perspiration.



FIRST WEEK AFTER THE IMPLANT

Use ketoconazole shampoo at 3rd day and **BIOFIBRE® Hair Comfort** at 6th day.



Use delicate movements as excessive traction on the implanted hair increases the risk of premature fall.



At night, we advise sleeping on a soft pillow with a cleaned smooth pillowcase to avoid hair traction.



When combing Biofibre® hair be gentle and use a previously disinfected wide tooth comb. Untangle the hair first before straightening them.



Avoid excessive exposure of the implanted area to sunlight and any contact with dusty or dirty places (Including the beach).

Don't use hats or headgears without sterile gauze protection. Don't use helmets.
Don't use Toppik or other keratin fibers.



Remember to perform antibiotic therapy (systemic and local). Cetirizine therapy in case of need. Both as prescribed by your clinic.



Please don't use any product or treatment unless prescribed by your implant clinic.



FIRST MONTH AFTER THE IMPLANT

From the 2nd week after the implant, use **BIOFIBRE® Hair Comfort** every 2/3 days. Use ketoconazole shampoo once a week.



Avoid excessive exposure of the implanted area to sunlight and any contact with dusty or dirty places (Including the beach).

Don't use hats or headgears without sterile gauze protection. Don't use helmets.
Don't use Toppik or other keratin fibers.



Use delicate movements, as excessive traction on the implanted hair increases the risk of premature fall.



Please don't use any products or treatments unless prescribed by your implant clinic.



During the first month, avoid or reduce the consumption of tobacco, alcoholic drinks, physical exercise and related sweating, sauna or solarium, bathes in the sea or in swimming pools. This will speed up the healing process after the treatment.

**REGULAR
FOLLOW-UP**

**AFTER THE FIRST MONTH
REGULAR FOLLOW-UP**



A medical check-up to the clinic is advised to have a **personalized after care program**.

That will ensure the duration and maximisation of your hair implant results.



Please do not use any products or treatments unless prescribed.



Use **BIOFIBRE® Hair Comfort** every day or every 2 days.



Remember that your implant clinic can provide you all the information you may need. We encourage you to take advantage of this opportunity for best hair implant results and duration.



Once/twice per month use nizoral shampoo (or similar) at evening.



Spray **BIOFIBRE® DermaClean** on the implanted area 3-4 times a week starting from the 3rd week.



Spray **BIOFIBRE® SeboCare** on the implanted area once or twice a week starting from the 5th week, in order to avoid sebum plugs formation.



During the few following months you might notice a sebum plug around the implanted hair. Removal of extra sebum and small sebum plugs is required.



SOME IMPORTANT POINTS TO REMEMBER



1. BE NATURAL

Please treat your Biofibre hair naturally and not in an aggressive way in order to fully enjoy them and to maximize the result.



2. NO SCRATCHING

DON'T scratch or touch the implanted area with dirty hands. If needed, you can use a clean comb to scratch. Please make sure that your comb is clean and disinfected with **BIOFIBRE® DermaClean**.



3. COMBING

You can gently use a wide tooth comb towards the direction of the implanted hair. Untangle hair first, before straightening them. Please make sure that the comb (preferably made of wood, in order to reduce the electrostatic charge) is clean and disinfected with **BIOFIBRE® DermaClean**.



4. PILLOW

The importance to use a soft pillow can't be underestimated especially in case of larger implanted areas. Pillows with a satin or silk pillowcase ensure minimal friction and allow maximum life span of your Biofibre® hair implant.



5. PERSPIRATION

Hot weather or physical exercise increase perspiration. To remove excessive perspiration from the scalp, please rinse with cold water promptly.



6. SHAMPOO

Very delicate movements during the shampoo minimize frizzing and premature hair loss. Use **BIOFIBRE® Hair Comfort** every day or every 2 days. Shampoos that are too drying or aggressive are not a worthwhile solution for your scalp and may lead to itching, skin irritation and flaking.



7. REMOVAL OF SMALL SEBUM PLUGS

To remove possible small sebum plugs, you can use a soft toothbrush every two weeks when using **BIOFIBRE® Hair Comfort**, with very delicate movements. starting from the 3rd week, spray **BIOFIBRE DermaClean** 3-4 times a week on the implanted area. Please ask the clinic for more details on this simple procedure.



8. SEA AND SWIMMING POOL

Wash the hair with fresh water and **BIOFIBRE® Hair Comfort** after swimming in the ocean or in a swimming pool.



9. SUN EXPOSURE

Please avoid sunburn on the scalp by wearing clean headgears.



10. SAUNA

It is recommended to protect the hair with a clean wet towel. Please refresh the implant area after the sauna.



11. HEADGEARS

The use of headgears is not recommended. But if it is necessary to wear them, we recommend to always use a clean protection to avoid direct contact with the scalp and reduce the friction on the implanted fibers. We recommend to wash with **BIOFIBRE® Hair Comfort** and spray **BIOFIBRE® DermaClean**.



12. PERIODICAL MEDICAL CHECK UP

Perform medical check ups according to your personalized schedule or in case of persistent itching, reddening or skin pain.



13. ADVISED PRODUCTS

Use **BIOFIBRE® Hair Comfort** every day or every 2 days and **BIOFIBRE® DermaClean** on the implanted area 3-4 times a week, starting from the 3rd week. Spray **BIOFIBRE® SeboCare** on the implanted area once or twice a week, starting from the 5th week to prevent sebum plugs formation. Please ask your clinic for more information.

FOR THE PATIENT AND FOR THE HAIRDRESSER



14. MAINTAINING THE DIRECTION OF THE HAIR

Small adjustments to hair style can be made. In most cases major styling changes are not appropriate.



15. HAIR CUTTING

Haircuts must match the length of the implanted hair, so your hairdresser will simply have to trim the natural hair. Please inform your hairdresser first, to avoid unwanted haircuts. If it is necessary to cut Biofibre® hair, please use sharp and clean scissors, in order to avoid damage and curl of the fibers.



16. CHANGE OF COLOR

In case of change of color, use only dyes without ammonia and without resorcinol.



17. HAIR DRYING

Dry the implanted hair naturally or with lukewarm air.



18. FORBIDDEN PRODUCTS

Please avoid the following products:

- keratin microfibers (Toppik, Dermmatch, Biothik, etc),
- hair dyes with ammonia or resorcinol,
- aggressive hairspray, lotions and gel,
- shampoos or lotions with cresol (tar),
- anti-sebum or anti-dandruff shampoos and lotions (unless prescribed),
- prolonged use of iodine substances and hydrogen oxide,
- products containing essence of lemon or vinegar higher than 5%.



19. FORBIDDEN TREATMENTS

Please avoid following treatments:

- permanent waving / straightening / hair bleaching,
- excessive dryer heat (+50°C),
- hair straightener / hair curler,
- brushing,
- comb tractions,
- sauna without wearing a wet cloth on the scalp.



Biofibre® IN THE WORLD

Biofibre® Hair Implant System
is exclusively performed in primary clinics
specialized in dermatology, plastic surgery and
aesthetic medicine to always ensure optimal
results to patients worldwide

Clinic's / Doctor's stamp

Biofibre Netherlands
Verheeskade 509
2521 DG Den Haag
T. 003164417000 | T. 0031629506080
connect@biofiber.eu
www.biofiber.eu

 facebook.com/istanbulhair.eu
 facebook.com/istanbulhair.eu